1D Masks For Sobel Edge Detection Tutorial Exercise

The output of filtering an image with a 2D mask can be also achieved by employing two 1D masks and applying them sequentially to the input image. Prove that the output of applying a Sobel mask to an image can be also achieved by employing the mask: $\begin{bmatrix} -1 & 0 & 1 \end{bmatrix}$, followed by the mask: $\begin{bmatrix} 1 & 2 & 1 \end{bmatrix}^T$.